



AUGUST-SEPTEMBER 2009 ISSUE

2009 Health Fair

EAS proudly hosted their second annual Health and Wellness Fair on July 24, 2009 at the Emerald Event Center. Over 30 different vendors showed up for the event offering a variety of information for everyone in an effort to promote opportunities for us to improve

our own individual health. They provided nutritional information about our food choices each day, ways we can exercise and demonstrated the importance of regular physicals by the doctor.



This year more than 120 EAS, Envirotrol and Grand Rental Station employees attended this event. EAS donated a Nintendo Wii game system to be raffled off as the grand prize. The winner was Anna Broyles, daughter of our Estimating department's very own Mark Broyles. Raffles were held by Patricia Pereira, and many employee's won great gifts. We also discovered that being healthy doesn't mean we can't have

fun as well. Grand Rental Donated two bounce houses, a popcorn machine, slushies, and music. Many employees had the opportunity to create cancer awareness bracelets and join in with the Jazzercise classes held in the middle of the event. If you missed this event this year, be sure to keep your eyes open for next year's date...you will not want to miss it. Many thanks go out to EAS for providing such a wonderful company event.



"Curtis Adams thanks John Evans for a job well done on the Merck project."

Theme for 2009

"We Communicate"

This month's article is on Using "Active Listening Skills"

"Safety Reminder"

As summer comes to an end and fall fast approaches, be sure to remain on alert in the mornings and pay special attention to the buses and vehicles transporting the most prized possessions we have - be they children, grandchildren, or great-grandchildren - on the busy streets and highways that we all travel.



Using “Active Listening Skills”

Listening is one of the most important skills you can have. How well you listen has a major impact on your job effectiveness, and on the quality of your relationships with others.

We listen to obtain information.

We listen to understand.

We listen for enjoyment.

We listen to learn.

Given all this listening we do, you would think we'd be good at it! In fact we're not. Depending on the study being quoted, we remember a dismal 25-50% of what we hear. That means that when you talk to your boss, colleagues, customers or spouse for 10 minutes, they only really hear 2½-5 minutes of the conversation.

Clearly, listening is a skill that we can all benefit from improving. By becoming a better listener, you will improve your productivity, as well as your ability to influence, persuade negotiate. What's more, you'll avoid conflict and misunderstandings – all necessary for workplace success.

The way to become a better listener is to practice “active listening”. This is where you make a conscious effort to hear not only the words that another person is saying but, more importantly, to try and understand the total message being sent.

In order to do this you must pay attention to the other person very carefully.

To enhance your listening skills, you need to let the other person know that you are listening to what he

or she is saying. To understand the importance of this, ask yourself if you've ever been engaged in a conversation when you wondered if the other person was listening to what you were saying. You wonder if your message is getting across, or if it's even worthwhile to continue speaking. It feels like talking to a brick wall and it's something you want to avoid.

Acknowledgement can be something as simple as a nod of the head or a simple “uh huh.” You aren't necessarily agreeing with the person, you are simply indicating that you are listening. Using body language and other signs to acknowledge you are listening also reminds you to pay attention and not let your mind wander.

There are five key elements of active listening. They all help you ensure that you hear the other person, and that the other person knows you are hearing what they are saying.

Pay attention.

Show that you are listening.

Provide feedback.

Defer judgment.

Respond Appropriately.

It takes a lot of concentration and determination to be an active listener. Old habits are hard to break, and if your listening habits are as bad as many people's are, then there's a lot of habit-breaking to do!

Start using active listening today to become a better communicator and improve your workplace productivity and relationships.



EMPLOYEE SPOTLIGHT

Ed Hansen Ed Hansen has been with EAS for over eight years. Ed is the Plant Manager overseeing the High Point Facility. Ed states that he has truly enjoyed helping EAS grow their custom air handling side of the business and to be able to witness the success of our efforts. One of the most important aspects that Ed likes about working at EAS is, as he puts it, "The sincere integrity and honesty of our senior management".

Ed has been married to his wife Barb for 40 years this Sep-

tember. They have two children, Adam and Jill and have been blessed with four grandchildren. Adam is currently serving with the US Army at their Ranger School in Dahlongea, Georgia and Jill has made a career mom. In Ed's spare time, he likes to watch NASCAR and the Green Bay Packers play a good game of football. Ed, thank you for all of your efforts in helping EAS grow and succeed.



Bryan Lampley Bryan Lampley has been with Envirotrol for 5 years as the Sales Manager. Bryan graduated from the University of Charlotte with a degree in Electrical Engineering. Bryan is a member of International Society of Automation and a very active member of the American Society of Heating, Refrigeration and Air-conditioning engineers. He served on a local level for them but now serve the Region in the Society Nominating Committee. Bryan has been married to his wife Melissa for 14 years

this year and they have a son, Brett, who is 4 years old. Bryan likes to take walks on the beach. His favorite movie is the Godfather and favorite book is Dr. Strangelove or How I stopped worrying and love the Bomb. Bryan, we would like to thank you for being a part of the Envirotrol and EAS team.



Gary Wyant Gary Wyant joined EAS in February of 1996 and is currently working as a superintendent for the Plumbing Department. He really enjoys his work and says that he owes a lot of his experience to the other superintendents who have helped him along the way. They have played a big part in his overall success and contributed to his happiness while working with EAS.

Gary is married to Wanda and has four children, Heather, Kristen, Jessica and Joshua. As a family, they

have fun in the outdoors. They love to fish, go boating, camping, gardening and to take long walks. His oldest daughter Heather recently got married in Hawaii, Kristen is an art teacher in Atlanta, and Jessica and Joshua are attending Reidsville Middle School. Gary takes much pride in his family and is also equally proud of the work that he accomplishes every day at EAS. Thanks Gary!



Marco Orozco Marco Orozco has been working with EAS for 11 years. He first started working with sheet metal and is now currently working with plumbing as a safety specialist. Marco appreciates the opportunities he has been given at EAS over the years to advance and to perform well in his position. He feels that EAS promotes confidence in their employees to complete a job well done.

Marco has two children, Jennifer who is 17 and Sammy, 14. In his free time, he enjoys playing pool and really likes to exercise. He actually runs four miles on four days out of each week. We appreciate Marco's dedication and hard work!



Employee Announcements

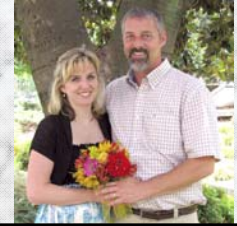
Congratulations to Ryan and Amanda Remole on the birth of their daughter Hannah Rachel Remole, July 21st at 2 pm.



Christopher Whitesell caught his first bill fish onboard the Jester!



Congratulations to Jim and Jennifer Fowler on their marriage on July 17th



Congratulations to Teresa and David Moorefield celebrating their 35th wedding anniversary on August 7th.

August & September Birthdays and Anniversaries

Birthdays

August

1
PIERRE AUTHIER
3
ARAMEO E JUAREZ
ISAIAS B OROZCO
OMELINDO C FUENTES
5
MARK C BURLESON
6
JODY L SPESSERT
7
DENNIS P MONEY
8
JAMES N HOLLEMAN
ROGER SWAIN LAMPKIN
10
KEVIN E ALFORD
11
JESUS LANDEROS
JOHN B ROBINSON
12
DAVID K SHIRLEY
JEFF B SIMERLY
14
MICHAEL G BLEDSOE
16
CLAUDIO MEJIA
DWANE N PRESNELL
MATTHEW L BOSTIAN
SAMUEL G VINCENT JR
17
JACINTO PEREZ
KIM WARD
MARK WAYNE KIEFER
19
HERBERT J SARVER II
20
ALEXANDER C MORALES
21
ERIC G SPEARS
JOSE F ORDONEZ
JOSEPH C RIDDLE SR

24
ANGEL TAMAYO
FRANCIS MCKENNA III
25
MICHAEL D MANRING
ROBERT J HAUSER JR
26
EARL T LALIK
MICHAEL K BRADY
28
JONATHAN W ROSS
JORGE B SOLORZA
MICHAEL L MABE
30
ELIBERTO G VELAZQUEZ
JEFFREY BOWLIN
TIMOTHY M GILLIATT

September

1
MARK BOWMAN
RANDALL DOWDY
TIMOTHY HOLT
HATSADY PHIANSIN
2
JAMIE DEAL
JOHN SMITH
3
JOSE MARTINEZ SANTOS
4
LENIN AMAYA
DAVID DENTON
5
RICHARD JOHNSON
JULIAN RODRIGUEZ
7
JONATHAN SMITH
8
URIAS FUENTES
MATTHEW SUDDRETH
9
DAVID FISHER
DOUGLAS SHEETS

10
DAVID LEWIS
C.L. MOORE JR
USBIN OROSCO
11
MICHAEL DUQUETTE
BARRY PYRON
COREY WOODWARD
12
RICHARD FARLOW III
NOEL TORRES
14
RONNIE FLEMING
FRANKLIN WALDRON
15
CHRISTOPHER KERAN
JAMES ZIMMERMAN
16
AARON BROOKINS
MICHAEL PREJEAN
ROGELIO SANCHEZ
18
JAMES BELTON
ELY MARTINEZ
19
JASON MARSHBURN
21
MARY CHAPMAN
MONROE GENTRY
ROBERT MITCHELL
22
DONALD SHOE
25
JAMES MABREY
JOSH MANESS
ABDOUL MOKEYNA
JOHN PEACOCK
26
KENNETH BOYD
27
CLIFF GIBBS
SARAH ZIMMERMAN
28
MARTY LIVENGOD

29
ARTHUR FORD
30
CHRISTIAN MONROY
JEFFREY PRICE

Anniversaries

August

10 Year EAS Anniversary:
SAMUEL G VINCENT JR
15 Year EAS Anniversary:
JEFF B SIMERLY
MARK WHITESELL
35 Year EAS Anniversary:
JOHN M LOGAN

September

10 Year EAS Anniversary
DAVID J WEBER
30 Year EAS Anniversary
MICHAEL D MANRING

To have your articles or announcements added to the Newsletter, please email them to WAlexander@easinc.net



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